



...& Your Provider to Discuss & Choose a Safe A1c Goal!

Have Diabetes? Here's New Advice from Diabetes Experts!

Do you, or someone you know, have diabetes? We want you to know about new treatment advice from diabetes experts. The A1c is the lab test that lets patients and their health care team know about their diabetes control over 2-3 months.

New studies show that not all patients should have an A1c goal of 7 or less—in fact, a goal of 7 or less is not safe for some patients. We now know that A1c goals should be matched to the patient's conditions, lifestyles and values, and that some patients should have goals of 7, 8, or 9%!

If you have diabetes, talk with your health care provider or health care team. They want to work with you to tailor a treatment plan for your blood sugar and A1c goal that will provide the safest and best care to YOU!

***Talk to your Healthcare Team about the
"7-8-9"
Options for A1c Goals!***