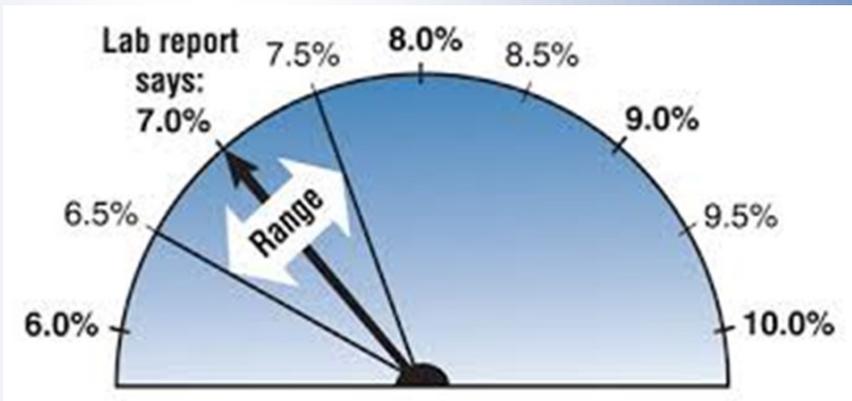




Defining
EXCELLENCE
in the 21st Century

Talk with your clinician to
make sure that you both
agree on your target A1c.



http://www.qualityandsafety.va.gov/ChoosingWiselyHealthSafetyInitiative/HypoglycemiaSite/Hypoglycemia_Information_for_Veterans.asp

Did you know your car's speedometer isn't 100% accurate? Even the size of the tires can make a difference in the reading by being higher or lower. Tell that one to the police! Well, the A1C lab test is much the same. The A1C test represents "average" blood sugar over the past 3 months. The speedometer on the front shows an A1c at 7.0.

Because of the way different labs test, this number could be off by 0.5 % on either side. A 7.0 % could really be between 6.5% and 7.5%. Most of the time, the difference isn't that important.

However, if you are at risk for hypoglycemia, it is important to consider that your glucose levels may be lower than your A1c shows.

